



www.holisticmoms.org

The **Holistic Moms Network** is a support and resource network whose purpose is to generate national awareness, education, and support for holistic parenting and to provide a nurturing, open-minded, and respectful community for parents to share these ideals.

Meetings are held each month in which we have speakers discussing a variety of topics including health and wellness, alternative medicine, vaccinations, nutrition, environmental concerns, and more.

There are also a number of other events including play-groups, wellness activities, seasonal activities, parents' night out, and a monthly lunch at Whole Foods.

Membership in the Holistic Moms Network is just \$35.00 per year—a tax-deductible contribution.

For more information, contact: **Debbie Peterson 732 544-6150, email: hmn.moncty@gmail.com**